

Skin Solutions

Skin & Cosmetic Solutions Newsletter

May—June, 2001

Issue 1

*“You deserve
an elegant
new look...
So indulge
yourself!”*

Now Available!

PERMANENT MAKEUP

Permanent Makeup, (also referred to as “micropigmentation”, “cosmetic tattooing”, or “dermagraphics” is a revolutionary new procedure of applying micro-insertions of natural pigments into the dermal layer of the skin. This premier, state-of-the-art technique is medically developed and specifically designed for a safe, painless permanent application. Good candidates for Permanent Makeup include:

New “Cosmetic Solutions” for Facial Skin Rejuvenation

Many new procedures are now available to help improve many types of skin conditions. Two of the newest procedures include Non-Ablative Laser Wrinkle Reduction and the quick-recovery “S-Lift” facelift procedure. We also offer more aggressive treatments such as Coblation & Co2 Laser Skin Resurfacing. Non-Ablative Laser

Wrinkle Reduction is the newest approach available for laser skin rejuvenation. It involves a series of treatments (usually 4 tx’s, 4 weeks apart) using a special laser which emits a specific wavelength using a very low energy. This procedure has a gradual effect on the second layer of skin (dermis) promoting changes in the collagen.

includes a slow improvement in the total appearance of the skin by gradually reducing wrinkles, scars and small skin imperfections. Non-Ablative Wrinkle reduction is entirely



Did You Say “Cellulite”?

Cellulite is a skin condition which affects more than 90% of women. Cellulite is a vicious circle involving fluid retention, connective tissue, and enlarged fat cells. Cellulite tends to worsen with age due to hormonal changes. Two opposing forces cause the appearance of cellulite: Connective tissue that pulls down on the

skin, and fluid retention resulting in enlarged fat cells pushing up on the skin. Women who exercise and follow a low-fat diet may still have cellulite. “Endermologie” offers a solution by acting on the superficial tissue of the skin. The skin is lifted by gentle suction using various maneuvers applied

“Microdermabrasion” For Beautiful Skin

Microdermabrasion is the process of removing the superficial dead skin cells to increase the production of new skin cells along with the production of

collagen. Microdermabrasion, developed in Europe many years ago, is the most natural way to exfoliate the skin without the use of lasers or chemicals. Fine crystals are

UPCOMING EVENTS & SPECIALS

May—June SPECIAL
See current news and specials on Web Site.

TUMESCENT LIPOSUCTION SEMINAR

Tuesday, June 12, 2001 7:00 pm
Please call to reserve your seat at:
919-876-9576

Facial Skin Rejuvenation (con't)

and requires no downtime. In fact, patients can undergo treatments on their way to work or during lunchtime. Coblation and CO2 Laser Skin Resurfacing offer a more aggressive form of treatment for heavier wrinkles and scarring. These procedures are very effective but do require a recovery period. Both

procedures work by actually "burning" the top layers of skin so that after healing occurs the skin will be much smoother and have more even pigmentation. Coblation requires less downtime than traditional CO2 laser surgery. Usually one week instead of the normal 2 week recovery. Also the redness

will improve more quickly with Coblation. Dr. Puente can help you evaluate the best procedure for your individual needs.

The S-Lift is a wonderful, new procedure, which gets its name from the "S" Form of the skin incision at the front of the ear. We refer to it as the S-

Lift, for "Small Facelift". This facelift concentrates on the lower and mid-areas of the face rather than the forehead. It is also important to remember that the correction of the nasolabial fold (area from the nose to the mouth), is not the goal of this enim ad minim

"Microdermabrasion" For Beautiful Skin (con't)

skin, causing a type of "sanding" of the skin's surface. As the crystals make contact with the skin, one may feel a mild scratching sensation, although painless. Some redness is expected to occur for a few minutes or a few hours depending on the aggressiveness of one's particular program. After the first

few treatments, this experience feels similar to a deep facial massage. The "MegaPeel" system is used at our Skin Rejuvenation Center because it is designed to be the safest, cleanest, and most effective microdermabrasion system in the industry! Patients notice that there is little clean-up involved and the face is left clean with no residual crystals.



Endermologie Treatment

Did You Say "Cellulite?" (con't)

to the back, buttocks, thighs, legs and abdomen. Our "Endermologie" technique is performed by professional therapeutic massagers who are trained through the LPG company training centers in Florida and

California. Endermologie is a technique recognized worldwide which has been proven for over 10 years! This amazing breakthrough in body conditioning is the very first technique to fight cellulite by

temporarily improving local circulation. During 35 minute sessions, our trained therapists will individualize your treatment to focus on your cellulite-ridden areas. You can learn more about the principal behind

Endermologie and its' benefits by scheduling an appointment for a free consultation with our therapist. You will view a ten minute video which colorfully illustrates how Endermologie works; discuss your health,

- Alopecia Areata
- Cancer or Chemotherapy patients
- Active Lifestyles... people who want to look their best throughout activities such as aerobics, swimming, biking, tennis and don't want to worry about having to reapply their makeup.
- Unsteady or Arthritic hands
- Cosmetic allergies
- Those wearing contacts or glasses
- Asymmetrical features
- Those desiring to look their best at all times!

Facial Skin Rejuvenation (con't)

Permanent
Makeup is....

- A safe, non-surgical procedure
- Hassle-free
- Waterproof
- Time saver
- For anyone interested in enhancing their beauty!

procedure. Most facelift techniques have no long-term effect on the nasolabial folds.

Some advantages of choosing the S-Lift include:

- Safety (no general anesthesia required)
- Smaller incisions
- Lower cost to pt.
- Less recovery time necessary

due to very little bruising.

- Can be combined with other procedures for maximum results.
- When liposuction of the neck is not enough.

Dr. Puente and our Skin & Cosmetic Solutions Staff also

offer many other aesthetic procedures.

- Chemical Peels
- Glycolic Acid Peels
- Facials
- Collagen & Botox injections
- Subcision
- Laser treatment for spider veins, birthmarks, tattoo removal, age spots.
- Laser Hair Removal
- Endermologie
- Microdermabrasion
- Waxing Services

Dr. Puente also performs the most advanced form of liposuction- "Tumescent Liposuction" for body contouring and breast reduction. Please call our office if you have any questions regarding the procedures that we offer or we would be happy to schedule the proper

Stop by Skin & Cosmetic Solutions or call 919-876-9576 today and make an appointment for a **FREE** consultation with Kathleen McIntyre, Licensed Aesthetician and Micropigmentationist.

"Microdermabrasion" For Beautiful Skin (con't)

There is no down-time involved so patients can continue with their regular activities. Who should consider Microdermabrasion? Practically anyone who is interested in improving the texture of the skin as well as reversing the aging process, is a candidate for microdermabrasion.

Skin becomes smoother, blackheads and whiteheads are loosened, dark spots become lighter, and acne scars as well as fine lines and wrinkles become less prominent. Skin becomes more radiant and glowing with more even skin tones. Our skin care experts and director,

Dr. Fernando R. Puente, recommend a series of 4 to 6 peels performed at weekly intervals. Our skin care experts will advise you of the proper skin care program to follow while you are receiving your microdermabrasion treatments...such as the use of glycolic acid products as well as "Physician's Complex" A+ Retinol Lotion.

Proper home care is essential for long lasting improvement in the skin.

Call now to set up your **FREE** "MegaPeel" consultation with our team of skin specialists who will design your own individualized anti-aging program.

Did You Say "Cellulite"? (con't)

of course, cellulite. You will even view "before and after" photos where you'll see the undeniable results! Sessions usually last for 35 minutes. Expect one weekly visit for at least fourteen sessions to achieve maximum benefits. Sessions may be

scheduled every 4-6 weeks thereafter for "maintenance" once desired results are achieved. Endermologie therapy becomes even more popular during the warm weather months, so call NOW for your **FREE** consultation!



Before



After